

Drive *easy!*

Recommendations to improve
your experience in nature
areas of Tenerife



TEIDE National Park
ANAGA Rural Park
TENO Rural Park

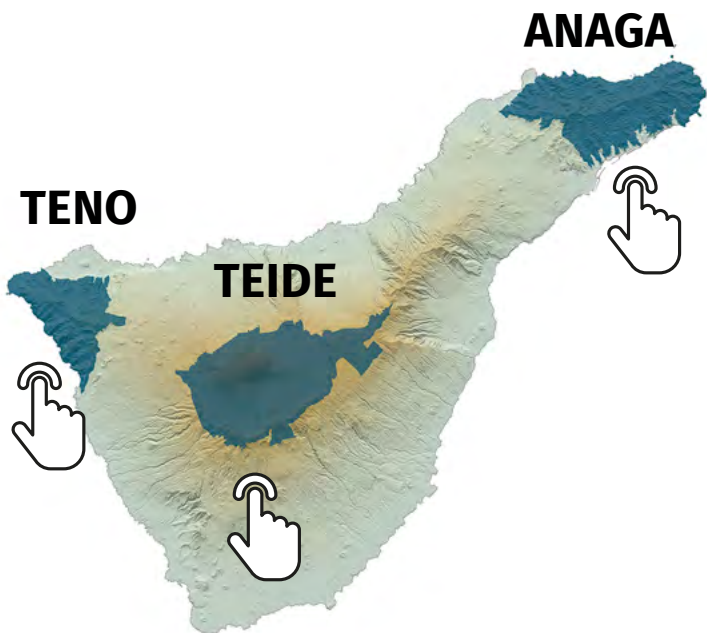
Tenerife has so much to discover

Getting to know the island by car allows you to move around at your own pace and take the direction you want.

However, since many visitors have chosen this way of getting around the island, you can sometimes encounter heavy traffic, especially at popular tourist sites.

There are some tips to make travelling around Tenerife more pleasant while being respectful of the environment.

Where are you going today?



Teide

National Park



 **TEIDE**
PARQUE NACIONAL



THIS NATIONAL PARK IS AN EXTRAORDINARY PLACE

This relatively small area hosts a great diversity of volcanic structures and materials. This is one of the reasons why it's included in the UNESCO list of World Heritage Sites.

In addition, its location on an island and its high mountain climate means that unique, rare, and fragile animals and plants live here.



A WILD BUT DELICATE TERRITORY

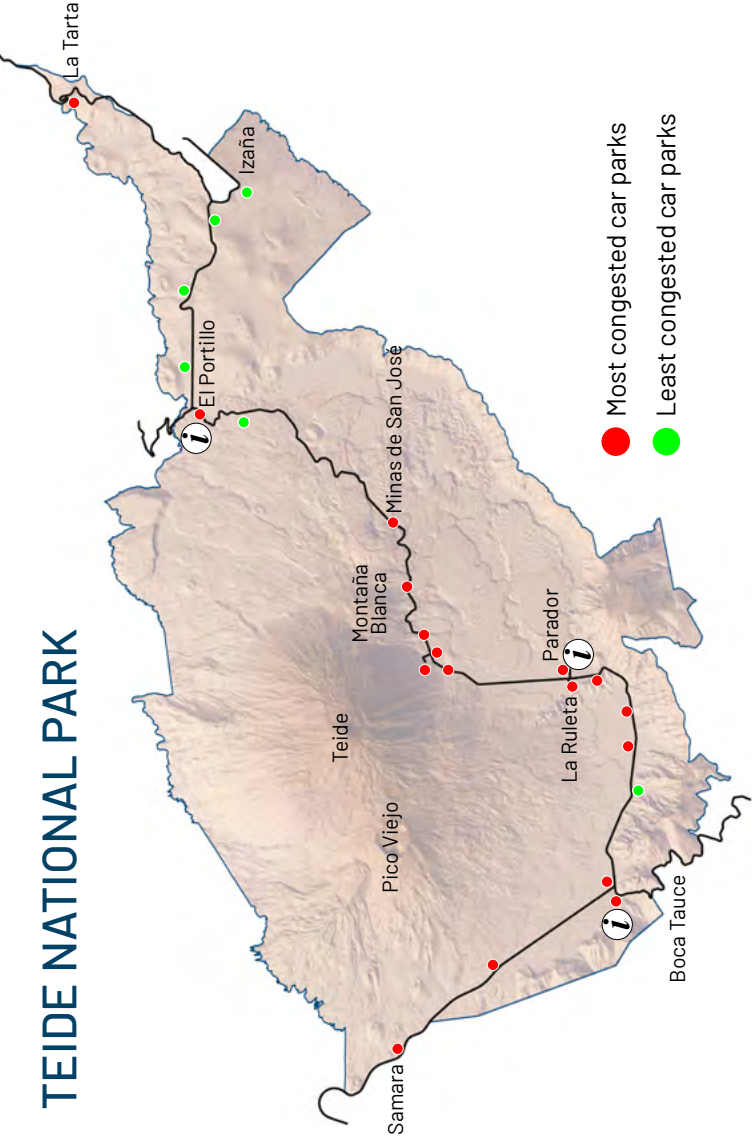
Teide National Park receives more than four million visitors each year, making it one of the most visited parks in Spain. This means that, on occasion, the number of vehicles is excessive.

Furthermore, due to the steep terrain, the roads are narrow, have no hard shoulders, there are bends with no visibility and there are few parking spaces.

Showing responsibility, both behind the wheel and at your stops makes the experience more enjoyable for you and other visitors.



TEIDE NATIONAL PARK



1 km

RECOMMENDATIONS



Avoid the
busiest times
(11-13:30 h)



Avoid fines



Park correctly



Have enough fuel/
electrical charge
(there are no petrol
stations in the
national park)



Use public
transport or rent a
vehicle to share



WHAT IF YOU LET YOURSELF BE TAKEN TO MOUNT TEIDE?

Travelling by public transport benefits you, the island, and the planet.

Aside from forgetting about driving and looking for parking, you can enjoy the scenery and contribute to reducing traffic and the emission of polluting gases.

If you choose to leave your car for a day and visit Mount Teide by bus, there are two bus lines that go up to the national park first thing in the morning and return in the afternoon to their points of origin:

FROM SOUTH TENERIFE:

LINE

342

COSTA ADEJE-EL PORTILLO

FROM NORTH TENERIFE:

LINE

348

PUERTO DE LA CRUZ-PARADOR

NATIONAL PARK CIRCULAR:

LINE

341

PARADOR-EL PORTILLO-PARADOR

Consult timetables and stops

[titsa.es](https://www.titsa.es)

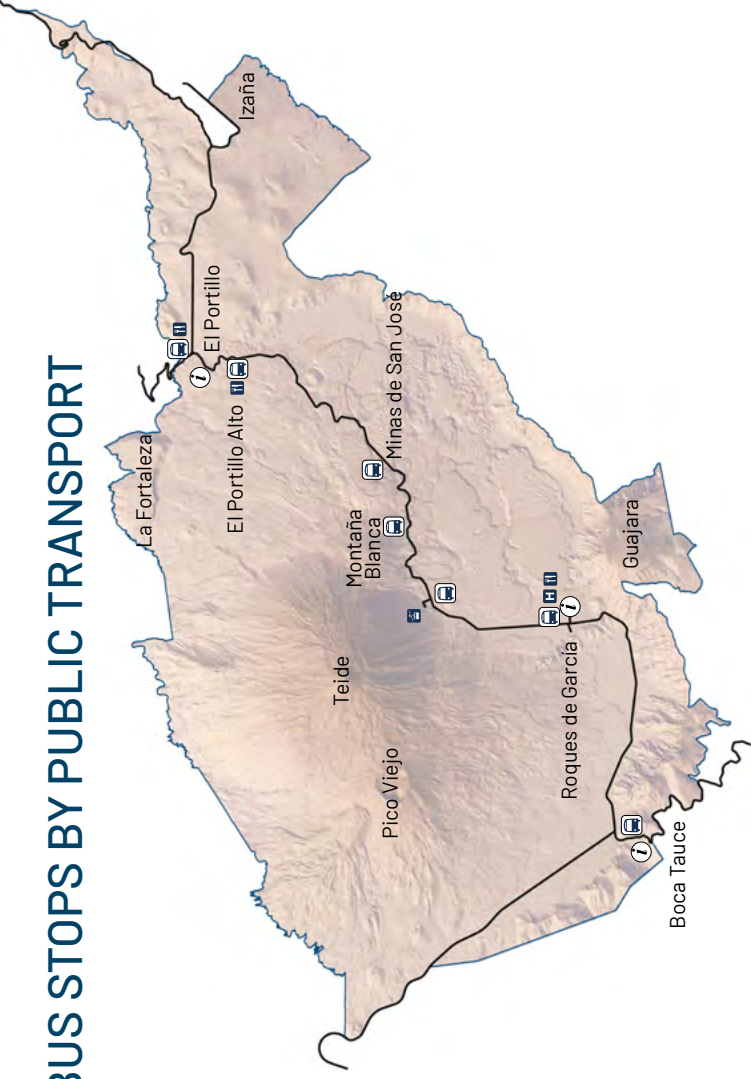


Remember that you can travel by car and public transport or hire a company to organise trips and activities, including transport, a guide, etc.

BUS STOPS BY PUBLIC TRANSPORT



1 km



EXPLORE THE NATIONAL PARK

The park has many places worth visiting, such as the visitor centres, its network of trails, and many viewing points beyond the most congested points.

Find out more about all these experiences at:

TENERIFE ON



You can also find the **Telesforo Bravo Visitor Centre** in the Old Town of La Orotava. It offers a simulated ascent from the seashore to the summit of Mount Teide, travelling virtually along the same path that Humboldt, the famous German naturalist, followed in 1799. Next to the centre, there is a native flora garden, with species from the different vegetation levels of the island of Tenerife.



from Tuesday to Sunday
from 9:00 to 14:30 h
and from 15:30 to 18:00 h



Teno

Rural Park



Teno
Parque Rural



Red Canaria de Espacios
Naturales Protegidos



NATURA 2000

THE ROCK FORTRESS THAT GUARDS AN ANCESTRAL CULTURE

The ancient volcanoes of the Teno Massif have been carved out by millions of years of erosion, forming a striking landscape of ravines and cliffs. An agricultural culture of enormous ethnographic interest has developed in this difficult terrain.



You can contribute to the maintenance of this area by behaving in a way that respects the environment and its inhabitants, as well as buying a variety of local products.

ROADS WINDING THROUGH SPECTACULAR SCENERY

Teno Rural Park is characterised by its rugged terrain. The roads that run through it are adapted to this terrain, and are often narrow, with no hard shoulder, steep slopes and bends with poor visibility. Because of its beauty, it is a very popular area, but parking is scarce, which sometimes leads to a build-up of traffic.




Showing responsibility, both behind the wheel and at your stops, will make the experience more pleasant for you and other visitors.



TENO RURAL PARK



 Congested points



TWO PARTICULAR ENCLAVES

In order to offer a quality visit and safeguard the values of the most visited points in the rural park, specific regulations have been put in place:

HAMLET OF MASCA

As parking is limited, it is not permitted to park for a long period of time. For hiking, you must reach Masca by public transport.

PUNTA DE TENO

For security and conservation reasons, access by private or hire car is restricted. You must park in Buenavista and take public transport.

MORE INFORMATION



RECOMMENDATIONS



Avoid the
busiest times
(10-15:30 h)



Avoid fines



Park correctly



Have enough fuel/
electrical charge
(there are no petrol
stations in the
Rural Park)



Use public
transport or
rent car-sharing
vehicles



AND IF YOU LET YOURSELF BE TAKEN TO TENÓ RURAL PARK?

Travelling by public transport benefits you, the island and the planet.

Aside from forgetting about driving and looking for parking, you can enjoy the scenery and contribute to reducing traffic and the emission of polluting gases.

Furthermore, if you go hiking, you can take linear routes without returning to your starting point.

If you choose to leave your car behind for the day, there are several public transport lines:

LINE

355

SANTIAGO DEL TEIDE–MASCA–BUENAVISTA

LINE

365

BUENAVISTA–MASCA

LINE

369

BUENAVISTA–PUNTA DE TENO

Consult timetables and stops at

titsa.es



Remember that you can travel by car and public transport or hire a company to organise trips and activities, including transport, a guide, etc.

EXPLORE TENORURAL PARK

Teno has many places that are worth visiting: its various hamlets, the network of footpaths and viewing points, beyond the congested spots.

Find out more about all these experiences at:

TENERIFE ON



LOS PEDREGALES VISITORS' CENTRE

This visitors' centre is located in the valley of El Palmar, where you can ask any questions you may have, and receive recommendations on routes and places to discover, as well as the cultural and gastronomic offer of the Rural Park.



from Monday to Sunday
and public holidays
from 09:00 to 17:00 h



EL TANQUE ECOMUSEUM

Located near San José de Los Llanos, Teno houses an exhibition on traditional life in this area of the park, using various media such as panels, audiovisuals and virtual reality.



from Tuesday to Sunday
from 10:30 to 17:30 h



Anaga

Rural Park



Anaga
Parque Rural



Red Canaria de Espacios
Naturales Protegidos



NATURA 2000



ANAGA

ANAGA: LA POSSIBILIDAD DE ANAGA



unesco

AN ISLAND WITHIN AN ISLAND

Anaga has so many peculiar characteristics in terms of geological history, nature, culture, and landscape that it can be considered “another island” within Tenerife.



The Rural Park and the adjoining land and maritime territories are recognised as a UNESCO **Biosphere Reserve**, a commitment to harmonise conservation and development.

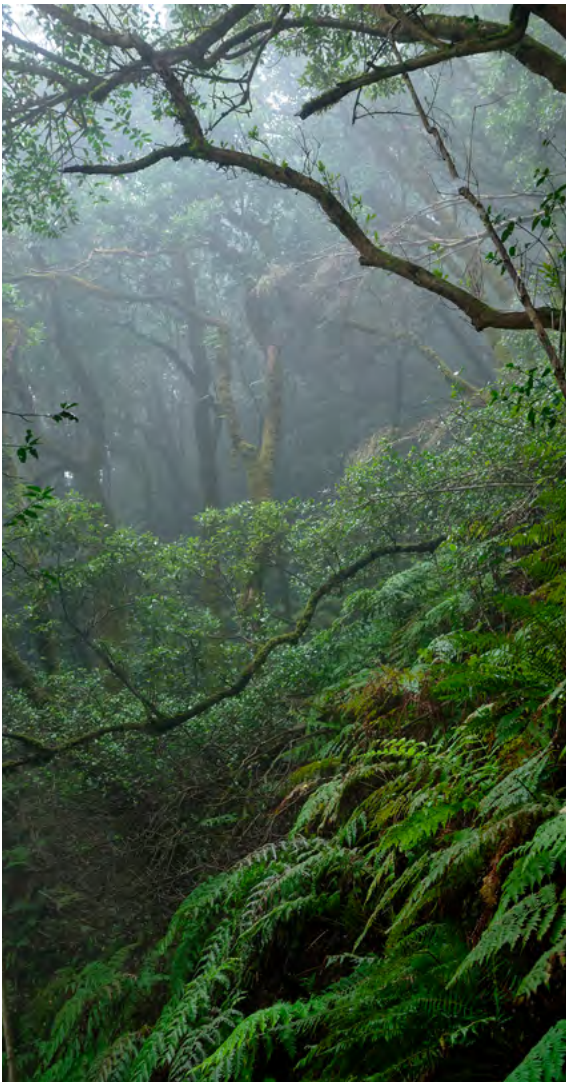
You can contribute to the maintenance of this area by behaving in a way that respects the environment, inhabitants, as well as buy its varied local products.



AN INTRICATE LANDSCAPE RISING FROM THE SEA

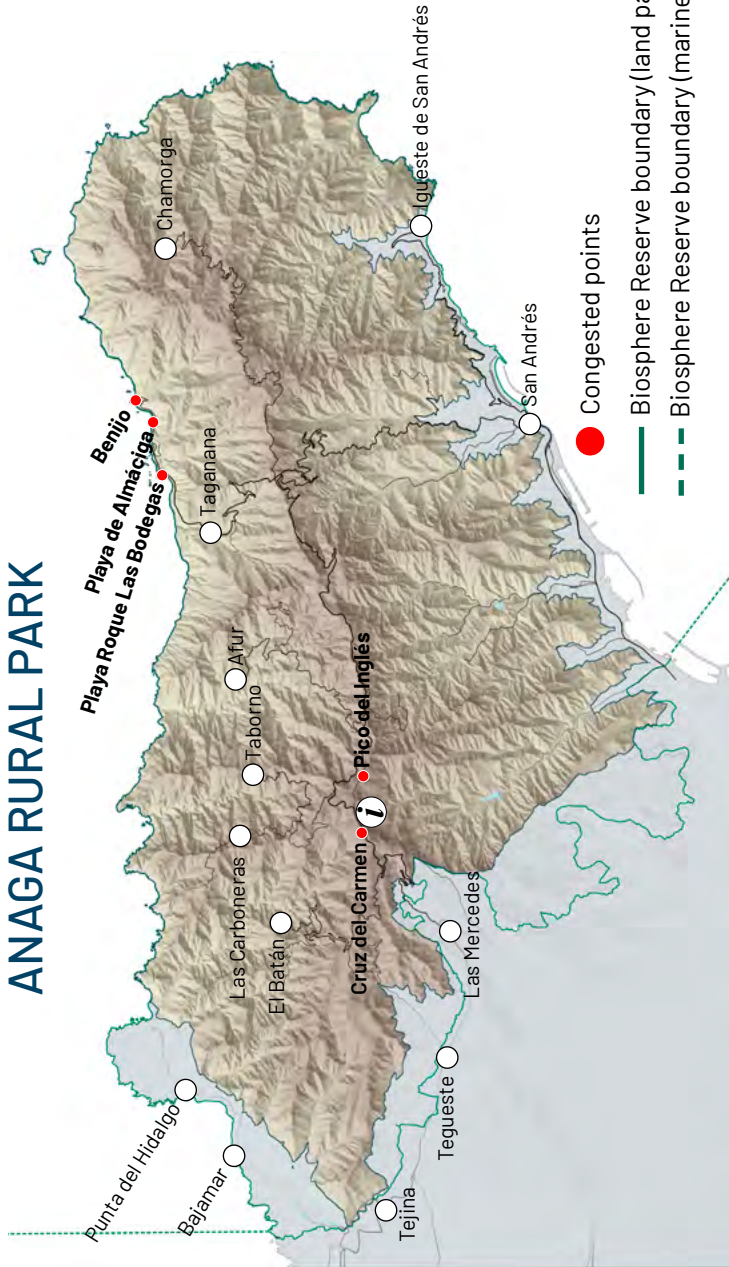
The ruggedness of the landscape is part of the beauty of Anaga Parque Rural. The roads are moulded to the terrain and are often narrow, with no hard shoulder and low-visibility bends.





Its natural and cultural values make it an enticing place to visit. But parking is scarce. For this reason, you may find heavy traffic in certain places.

ANAGA RURAL PARK



SPECIAL ENCLAVES

Due to the high demand but scarce parking, we recommend that you access these places by public transport:

CRUZ DEL CARMEN

The Anaga Visitors' Centre and the start of several trails are located here. Please do not park for hours at a time and leave verges and turning areas free.

ALMÁCIGA, ROQUE DE LAS BODEGAS AND BENIJO BEACHES

These are beaches of great beauty, but dangerous. Always leave the way clear and the areas reserved for ambulances and public transport.



RECOMMENDATIONS



Avoid the busiest hours
(11-13 h and weekends)



Avoid fines



Park correctly



Have enough fuel/
electrical charge
(there are no petrol
stations in the
Rural Park)



Use public
transport or rent a
vehicle to share



AND IF YOU LET YOURSELF BE TAKEN TO ANAGA RURAL PARK?

Travelling by public transport has advantages for you, for the island and the planet.

Aside from forgetting about driving and looking for parking, you can concentrate on the scenery and contribute to reducing traffic and the emission of polluting gases.

Also, if you go hiking, you can take linear routes without returning to your starting point.

If you want to leave your car behind for the day, there are several public transport links:

FROM LA LAGUNA

LINE

050

LA LAGUNA-TEJINA-PUNTA DEL HIDALGO

LINE

076

LA LAGUNA-CRUZ DEL CARMEN-AFUR

LINE

077

LA LAGUNA-CRUZ DEL CARMEN-
EL BAILADERO

LINE

273

LA LAGUNA-CRUZ DEL CARMEN-
PICO DEL INGLÉS

LINE

274

LA LAGUNA-CRUZ DEL CARMEN-EL BATÁN

LINE

275

LA LAGUNA-CRUZ DEL CARMEN-
LAS CARBONERAS-TABORNO

FROM SANTA CRUZ:

LINE

946

SANTA CRUZ–SAN ANDRÉS–EL BAILADERO–
TAGANANA–ALMÁCIGA

LINE

947

SANTA CRUZ–SAN ANDRÉS–EL BAILADERO–
CHAMORGA

LINE

105

SANTA CRUZ–LA LAGUNA–BAJAMAR–
PUNTA DEL HIDALGO

Consult timetables and stops at

titsa.es



Remember that, as well as by car and public transport, you can also hire a company to organise trips out and activities, including transport, a guide, etc.

EXPLORE ANAGA RURAL PARK

Anaga has many places worth visiting: its various hamlets, footpath network, and viewing points beyond the most crowded spots.

Find out more about all these experiences at:

TENERIFE ON



TEGUESTE

The historic centre of the village of Tegueste, within the limits of the Biosphere Reserve, has been declared an Asset of Cultural Interest in the category of Historic Site. During the weekend, there is a street market where you can buy local products.



Drive easy!



tenerife!
awakens emotions!



Asociación Profesional
Empresarial de Coches
de Alquiler de Canarias